

## Three ways to complete your medical history



### Online

The fastest and easiest option.  
Log into [Teladoc.com](https://www.teladoc.com)  
and complete the "My Medical  
History" section.

### Mobile app

Log into your account on your  
mobile device and complete the  
"My Health Record" section.  
Visit [Teladoc.com/mobile](https://www.teladoc.com/mobile) to  
download the app.

### Call Teladoc

Call Teladoc if you would like a  
customer service representative  
to help you complete your  
medical history over the phone.

### Why should I complete the medical history?

Your medical history must be completed prior to requesting a consult, and updated each year. The Teladoc doctor will review your medical history prior to a consult.

### Can my company view my medical history?

No. All information is confidential, HIPAA compliant, and will not be shared. Only you and the consulting doctor can view your medical data.

### How quickly can I talk to a doctor?

A Teladoc doctor will call you back within an hour, guaranteed.

### Can I get a prescription or a prescription refill?

Yes. When medically appropriate, Teladoc doctors prescribe medication for treatment of your illness and also can prescribe short term prescription refills. Teladoc doctors do not prescribe DEA controlled substances.

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

## Talk to a doctor anytime for \$10

 [Teladoc.com](https://www.teladoc.com)

 [Facebook.com/Teladoc](https://www.facebook.com/Teladoc)

 **1-800-Teladoc**

 [Teladoc.com/mobile](https://www.teladoc.com/mobile)

Download  
the app:

