





## SUGGESTED ANNUAL SCREENINGS





- \$51 Blood Chemistry Panel**  **33 level screening!**  
Includes heart, kidney and liver functions, with lipid panel, **total cholesterol**, HDL (good), LDL (bad) and triglycerides. Also electrolyte levels, protein, iron, **fasting glucose**, and TSH (Thyroid Stimulating Hormone) uric acid and Carbon Dioxide.  
*Recommended 12 hour fasting, unless diabetic.*
- \$12 Hemogram (CBC) with Differential**  
A complete blood count of red and white blood cells, platelet levels, hemoglobin and hematocrit. Checks for anemia, infections and other blood disorders. Shows size of red blood cells and hemoglobin concentration.
- \$9 Hemoglobin A1C**   
A screening that reflects average blood sugar levels for the past two to three months. Recommended for diabetics or those with a family history of high blood sugar. (Immediate fasting blood sugar glucose level is included in the Chemistry Profile.)
- \$18 PSA Screening for Men**   
The PSA (prostate specific antigen) screening is one tool used to screen for prostate abnormalities. Recommended for men at age 50. However, if there is a family history of prostate cancer, it is recommended at age 40.

## VITAMIN SCREENINGS







- \$16 Vitamin D, 25 Hydroxy**  
Provides an assessment of overall Vitamin D status for the screening of deficiency or toxicity. Measures both D2 and D3 together to report a total 25-hydroxy Vitamin D. Vitamin D is important for mineral absorption, the immune system, strong bones and overall health.
- \$12 Vitamin B12 with Folate**   
Detects B12 and folate nutrient levels necessary for normal red blood cell (RBC) and white blood cell (WBC) formation and repair of tissues and cells. Both B12 and folate are nutrients that cannot be produced in the body and must be supplied by the diet.  
• **Biotin consumption should be discontinued for at least 72 hours prior to testing.** *Recommended 12 hour fasting, unless diabetic.*

## THYROID SCREENINGS

These thyroid screenings are in addition to the **Thyroid Stimulating Hormone (TSH)** that is included in our **Blood Chemistry Panel**.

- \$14 Thyroid Panel 1**   
Includes the **T3 Uptake**, **Total T4** (Thyroxine), and calculates a free Thyroxine index.
- \$22 Thyroid Panel 2**   
This test delivers an enhanced thyroid profile because it screens for the level of Free T4 and Free T3 hormones in the bloodstream. This is an important distinction, since the level of Free T4 hormone illustrates how much is immediately available for use by cells, and measure of Free T3 hormone in the body is considered a more accurate view of hormonal balance than a Total T3 reading.
- \$25 T3, Reverse**   
The **Reverse T3 (RT3)** test measures the inactive form of the hormone. Reverse T3 is not regularly checked as often as other thyroid hormones but may be tested when someone is experiencing symptoms of low thyroid production but shows normal results from other thyroid tests. Results are typically available within 7-10 business days and mailed within 10-14 business days.
- \$16 Thyroid Antibodies**   
Checks for antibodies that can injure the thyroid, affecting thyroid function. Includes thyroid peroxidase (TPO) and thyroglobulin antibody.

## ADDITIONAL SCREENINGS

- \$47 SAR-CoV-2 Antibody Screening**  
SAR-CoV-2 is the disease that causes COVID-19. This testing is obtained through one vial of blood sent to the laboratory to identify individuals, who have been exposed to the virus. This test has been authorized only for detecting the presence of antibodies against SAR-CoV-2, not for any other viruses or pathogens.
- \$19 Blood Type - ABO RH**  
Determination of ABO blood group type and Rh factor.
- \$8 Men's Testosterone, Total**   
Screening used to evaluate testosterone hormone levels.
- \$8 Women's Testosterone, Total,**  
Women and Hypogonadal Males   
Provides the sensitivity and specificity required for the assessment of the low testosterone levels found in women and hypogonadal men. Results are typically available within 7-10 business days and mailed within 10-14 business days.
- \$125 Rheumatoid Arthritis Expanded Panel**   
These tests can help identify rheumatoid arthritis (RA) and arthritis associated with autoimmune disorders. **Test includes:** C-Reactive protein (CRP) Quantitative test; cyclic citrullinated peptide antibodies; rheumatoid arthritis factor.  
• Also Includes an **Antinuclear Antibodies (ANA) Screening.** An autoimmune disorder screening, ANA is a type of auto-antibody that attacks proteins inside your cells.
- \$12 C-Reactive Protein (CRP) - High Sensitivity CRP**   
An elevated CRP is a marker of inflammation and can help to evaluate risk of cardiovascular disease, inflammatory disorders or infections.
- \$66 Ferritin**   
Indicates levels of iron protein stored in the body. Appropriate if iron levels are out of range in the Chemistry Panel.
- \$53 Celiac Screening**  
Screening of antibodies to aid in the diagnosis of gluten-sensitivity. You must be on a gluten-containing diet for antibody (blood) testing to be accurate. Results are typically available within 7-10 business days and mailed within 10-14 business days.
- \$57 Hepatitis C Antibody**   
This test checks for antibodies to Hep. C indicating a previous infection. The CDC recommends this test once for adults with no risks born between 1945 and 1965. Also for those who have injected drugs or were recipients of transfusions or organ transplants prior to 1992.



LMC is a preferred provider for Blue Cross Blue Shield in Wyoming.



**Covered Screenings**

Please present BCBS insurance card at time of your appointment.

## DRINK PLENTY OF WATER AND TAKE MEDICATIONS AS USUAL.

-  LMC highly recommends consultation with a physician prior to and following these tests.
-  LMC recommends 12 hours fasting prior to blood draw, unless you are Diabetic.  
**Results are typically available within 24 hours on portal and mailed within 7-10 business days.**

